

### NEW CLASSES FOR YOUR YOUTH!! Ages 8 and Older

- Martial Arts
- Sports Trainings
- Drawing, Painting and MORE!

YMCA programs help kids develop a different sense of skills. Lifetime bonds are created through the magic of creative thinking. New skills and experiences are introduced and explored. We offer a variety of programs on a schedule that meets the needs of busy families.

**Riverfront Branch Class offerings... See course listing with content, schedule and fees on reverse.**

#### Contact

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Youth Director  
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### ACTIVATE AMERICA™

**Develop Skills,**

**Play to Learn, Form Lifelong**

**Bonds!**



**Y for All Income-Based Pricing and Strong Kids Financial Assistance Available!**

The YMCA of Burlington County is the not-for-profit 501(c)(3) charitable corporation that is building strong kids, families and communities through programs designed to improve an individual's spirit, mind and body.

### Creation Station

Children will build upon a number of foundational art concepts and be inspired to think imaginatively as they learn about works of art from around the world.

**6-9 yrs old | Sat | 11:00-11:45am**

**Fee: Facility Members-\$30 | Program Members \$60**

### Expression Session

Youth will study and discuss works of art from around the world, and be inspired to think imaginatively and express themselves in new, creative ways through advanced techniques.

**10-14 yrs old | Sat | 12:00-12:45pm**

**Fee: Facility Members-\$30 | Program Members \$60**

### Sensory Studio (Parent/Child)

Children with Special Needs will be inspired to think creatively as they explore a variety of materials that will stimulate senses in an encouraging environment.

**All Ages | Sat | 1:00-1:45pm**

**Fee: Facility Members-\$30 | Program Members \$60**

## SPORTS SPECIFIC TRAINING

Personal, private and semi-private lessons are available to teach your child how to be a better, stronger athlete. Our experienced staff will work with your child to reach their fullest potential in a fun, yet productive, session.

- 30 minute classes
- 1 day per week for 8 weeks
- Individual attention
- Excellent for timid or outgoing children
- Arranged to meet your schedule

#### Private lesson fees:

**Facility Members: \$150 for whole session or \$20 per class**

**Program Members: \$300 for whole session or \$40 per class**

**Semi-Private lesson fees: (Max 3 individuals in Semi-Private lesson)**

**Facility Members: \$15 per child per class**

**Program Members:\$30 per child per class**

### Girls on the Run

Girls in Grades 6-8 will train for 5K's with our YMCA Staff. Meet twice a week to run around the Y or through Burlington depending on weather. Ploy metrics and weight lifting will be a part of the training. Fees for the 5ks are not included in the price.

**Grades 6-8 | Tues AND Thurs | 5:00-6:00pm**

**Fee: Facility Members-\$24 | Program Members \$48**

### Basketball Skills Clinic

Learn to improve your basketball skills, ball control, passing, team play, offense and defense.

**6-9 | Tues | 5:00-6:00pm**

**10-14 | Tues | 6:00-7:00pm**

**Fee: Facility Members-\$24 | Program Members \$48**

### Youth Bootcamp

Boot camp for ALL ages! Get in shape and have a ball! Trained instructors will work with your child to get them fit and healthy!

**Ages 10-14 | Thurs | 6:00-7:00pm**

**Fee: Facility Members-\$30 | Program Members \$60**

## LEAGUES:

### INDOOR Soccer League

The league is split into 2 categories: ages 1<sup>st</sup>-3<sup>rd</sup> grade and 4<sup>th</sup>-6<sup>th</sup> grade! Week 1 will be a skills evaluation/team drafting while weeks 2-8 the kids play games! We will incorporate team work and fun while playing in a competitive atmosphere. Fee includes t-shirts for the participants. See front desk for registration forms.

**1<sup>st</sup>-3<sup>rd</sup> grade | Sat | 10:00-11:30am**

**4<sup>th</sup>-6<sup>th</sup> grade | Sat | 11:45-1:15pm**

**Fee: Facility Members-\$48 | Program Members \$96**

## MARTIAL ARTS:

### YMCA Tai Kwan Do

**8-14 yrs | Sat |**

Level	Time	Facility Member	Prog. Member
Beg	10:45-11:45am	\$55	\$110
Interm	11:45-12:45pm	\$55	\$110
Adv	12:45-1:45pm	\$55	\$110