

FAMILY FRIDAY NIGHTS

Mar. 12, Apr. 9, May 14 & Jun. 11
2nd Friday of Each Month

- Facility Members & PLUS Members... FREE
Program Members..... \$5
- Activities 6:30–8:00PM, Pool 7:15–9:00PM
- All Ages Welcome
- Exclusive to Mt Laurel Branch



Family Fridays are specially geared to encourage families to spend time together in a physical activity that promotes a positive, healthy lifestyle. Participate in family activities in the Gym and then jump in the Pool for a family swim! Family Fridays are a great way to spend family time in a great place. This could be the start of something big!

ACTIVITIES DESIGNED for PRESCHOOL – 7 YRS OF AGE

Mar. 12 St. Patty’s Day Craft – Relay Races

Apr. 9 Spring Craft – Obstacle Course

May 14 Flower Pot Craft – Gym-tastic

Jun. 11 Summer craft - Parachute Activities

ACTIVITIES ESPECIALLY FOR KIDS 8 – 12 YRS OF AGE

Basketball in Gymnasium; Running on Track;

Wii & DDR in Active Family Center

Parents must accompany children for the event. All non-swimmers must have a parent or guardian accompany them into the pool.

Contact

Mt. Laurel, Pam Hall

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*Families that
Play Together,
Stay Together
at the YMCA!*



**ACTIVATE
AMERICA™**

Building Strong Kids,
Families and Communities

Catch the Spirit!



The YMCA of Burlington County is the not-for-profit 501(c)(3) charitable corporation that is building strong kids, families and communities through programs designed to improve an individual’s spirit, mind and body.